

MAY 2023 NEWSLETTER



MALE TEAM MANITOBA WINS THE 2023 NATIONAL ABORIGINAL HOCKEY CHAMPIONSHIPS!

**COMMUNITY
VISITS**

**NAIG
UPDATES**

**UPCOMING
EVENTS**



Major Events

- MASRC Scholarships**
Applications Close
June 1, 2023
- Cycle Indigena Bike Program**
1st Round Applications Open
June 1, 2023
- Tom Longboat Awards**
Nominations Close
June 30, 2023
- National Indigenous Coaching Awards**
Nominations Close
July 3, 2023
- North End Hockey Program**
Registration Opens
July 10, 2023
- North American Indigenous Games**
Kijipuktuk, Halifax, Nova Scotia
July 14 – 23, 2023
- Masters Indigenous Games**
Ottawa, Ontario
August 24-27, 2023

Newsletter Contents

- Events
- Winnipeg Program Updates
- Staff Updates
- NAHC Results
- Hoop It Up Results
- NAIG Updates
- April Athlete of the Month

June 2023 Event Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
June is Indigenous People's History Month & Pride Month!			1 Bike Program Intake Opens WSD1 Powwow MASRC Scholarship Applications Close Ball Hockey @ Duncan Arena 6-8	2	3	4
5	6	7 God's Lake Community Visit Ball Hockey @ Duncan Arena 6-8	8 God's Lake Community Visit Ball Hockey @ Duncan Arena 6-8	9 God's Lake Community Visit	10	11
12	13 Self Defense Program for Women, Girls, TS 12-1PM	14 Ball Hockey @ Duncan Arena 6-8	15 Indigenous Family Bowling Ball Hockey @ Duncan Arena 6-8	16	17	18
19	20 Self Defense Program for Women, Girls, TS 12-1PM	21 Summer Solstice Indigenous People's Day MASRC Offices Closed	22 Indigenous Family Bowling Ball Hockey @ Duncan Arena 6-8	23 Ellice St. Fest	24 Ellice St. Fest Aboriginal Coaching Modules	25
26	27 Self Defense Program for Women, Girls, TS 12-1PM	28 Ball Hockey @ Duncan Arena 6-8	29 Indigenous Families Bowling Day 1-3	30	1 Canada Day LiteQuest 3X3 Tournament of Champions	2

2023 National Aboriginal Hockey Championships Recap



Male Team Manitoba Wins Championships

The pressure was on for our Manitoba teams as they hosted the 2023 National Aboriginal Hockey Championships May 8-13, 2023, in Winnipeg, Manitoba at the Seven Oaks Arena.

In a huge win over Team Ontario, Team Manitoba

swept the Championships with a final score of 5-2. The team blazed a trail through their round robin games, and then continued on through the play-offs, finished with a 6-0 record.

Hayden Paupanekis (Norway House Cree Nation), of the Spokane Chiefs, led the scoreboard, finishing the game with 2 goals. Teammates Carter Campbell (Red River Metis), Ian Buors (Red River Metis), and Ben Roulette (Sandy Bay Ojibway Nation) also scored 1 goal each.

The team ended up with 3 Championships MVP Awards: Marlen Edwards (Lake Manitoba First Nation) was selected as the MVP Forward; Mariko Bercier (Opaskwayak Cree Nation) was selected as MVP Goalie; and Carter Campbell (Red River Metis) was awarded the Most Sportsmanlike Award.

We are very proud of our Team Manitoba athletes and would like to congratulate them on their phenomenal win!

Female Team Manitoba Places Second at Championships

The Manitoba Aboriginal Sports & Recreation Council would like to congratulate female Team Manitoba on their second-place finish at the 2023 National Aboriginal Hockey Championships.

The women's team was undefeated until the final, where they lost a close game against Team Ontario. The final score was 2-1. Julianna Herman (Red River Metis) was award MVP Defence, and Anya Misner (Red River Metis) was selected for Team Manitoba's Most Sportsmanlike Award.



All results have been updated online. To view the Championships results, please visit asc2023.gems.pro.

Indigenous Family Bowling Day



We're hosting an Indigenous Family Bowling Day on June 29, 2023. This event is totally free and is open to Indigenous families living in Winnipeg's core areas. Snacks are also provided.

The bowling will take place from 1:00-3:00PM. Location details will be shared with registrants. Registration details will be announced shortly, and is on a first-come, first-served basis.

Make sure you like and follow us on social media to be the first to know about our upcoming programs!

North End Hockey Registration Opens in July

North End Hockey (formerly NEHP) helps to provide children and youth living in Winnipeg's North End with an opportunity to play organized hockey. The program is open to all children (Indigenous & Non-Indigenous) between the ages 5 to 15 years who have a financial need and reside in the North End of Winnipeg. Through the program, we provide assistance with equipment loans and registration subsidies.

Last year, we had close to 100 youth from the North End involved in our program. They compete in the Seven Oaks Minor Hockey Association House League, and in Hockey Winnipeg's A3 leagues. This year, some teams were able to travel and compete in tournaments in Winnipeg and the surrounding areas.

Registration for North End Hockey will open July 10th, 2023, and close September 4th, 2023.

The North End Hockey Program is completely volunteer led. Coaches and team managers are the backbone of our program. If you would like to help support our program through coaching or volunteering, please contact Quinton by email at nestormcoordinator@masrc.com, by phone at 204-942-6615, or visit our website at www.masrc.com/north-end-sports.



Urban Bike Program Opens June 1st, 2023

Are you an Indigenous youth that has moved to Winnipeg for work or school? Do you need access to reliable transportation for work or school?

Our Urban Indigenous Bike Program has now begun accepting applications! Applications opened on June 1st, 2023. The program provides Indigenous youth with new bikes to use as transportation to work or school. We will be conducting two rounds of applications: First intake in June, second intake in August.

To qualify, you must be:

- Indigenous (Status, Non-Status, Metis, or Inuit)
- Originally from a rural or remote community and now living in Winnipeg
- Between the ages of 16-26
- Working or in school (university, college, or high school) full time



To apply, please visit www.masrc.com/sport-for-social-development.

NEW - Indigenous Women, Girls, & Two-Spirit Self-Defence Classes



Starting in June, we are introducing self-defence classes for **Indigenous women, girls, and two-spirit folks!**

The **classes will be free of charge** and will take place for **1 hour once a week**. Details for registration will be released in the next week.

For more information, please contact SSD Manager Robyn Cruz at robyn.cruz@masrc.com, or by phone at 204-942-6615.

Ball Hockey Drop-In at Duncan Arena

Throughout the months of May and June, Indigenous youth living in Winnipeg's core are invited to join us for Ball Hockey Drop-Ins at Duncan Arena. The drop-in is open Tuesday and Wednesday evenings.

Equipment is provided, and the drop-in is totally free of charge!

For more information, please contact Quinton at nestormcoordinator@masrc.com or at 204-942-6615.



Staff Updates

Community Visits

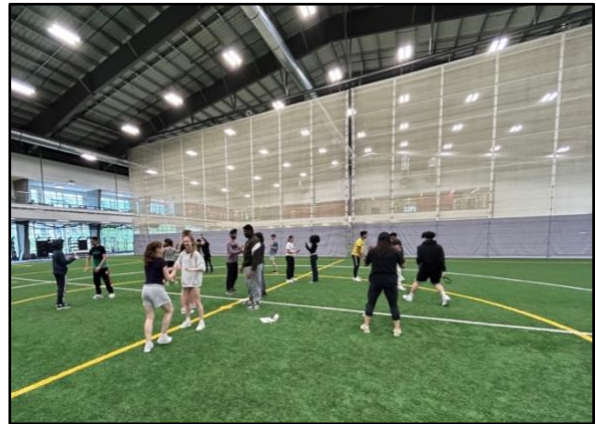
Wabowden Volleyball Skills Clinics

SSD Program Mentor Jazmyn and Indigenous Community Sports Consultant Kaelei facilitated a volleyball skills clinic with middle years and high school athletes from Wabowden. Many athletes showed up for both days and showcased their talent and love for the game. The group was very enthusiastic and ready to learn. We're excited to go back to the community in the future!



University of Winnipeg Collegiate

Jazmyn and Kaelei facilitated a traditional knowledge and games session. They covered how Indigenous culture & traditions can be used in mainstream sports, such as the seven sacred teachings/laws and the four quadrants of the medicine wheel. They then played traditional games with the class which was an awesome time filled with laughter and fun!



WE WANT TO CONNECT WITH RECREATION LEADERS ACROSS OUR PROVINCE!

We are looking for communities and recreation leaders that are interested in joining our Sport for Social Development Mentorship Program! Through our program, we connect recreation leaders with mentorship, growth, and opportunity, and will travel to your community as needed to help with program development.

We can assist with:

- Sports and recreation program development
- Accessing and applying for grants, subsidies, and equipment donations
- Sports and recreation-related training opportunities.

If you are interested, or would like more information, please contact Robyn Cruz, SSD Manager, at 1-204-942-6615 or robyn.cruz@masrc.com. This program is funded by Sport Canada & the Federal Government of Canada.



North End Sports Program Updates

Basketball

There are 5 Central Storm teams playing in the WMBA spring season. We hosted one 7-8 coed team, one 9-10 coed team, one 11-12 coed team, one 13-14 Girls team, one 13-14 Boys team. There are a total of 63 players with 17 of them having played in the 2022-23 North End Hockey Program last season.

The 13-14 year old girls and the 13-14 boys had one team each for Hoop it Up, and the 13-14 girls' team has a record of 3-3.



Ball Hockey

Weekly ball hockey has been every Tuesday and Wednesday at Duncan Arena for ages 4 to 15. We have had regular attendance for each. 38 of the 56 registered players across all age categories played in the North End Hockey Program during the 2022-23 season. Our last ball hockey session will be Tuesday June 27th, 2023.

If you are interested in attending, please contact North End Multi-Sports Program Coordinator Quinton at nestormcoordinator@masrc.com or at 204-942-6615.

Hoop It Up 2023

For the third year in a row, we hosted yet another successful Hoop It Up 3X3 Tournament! We hosted over 80 teams across multiple age categories and had 5 courts running simultaneously. This was our second year at the Manito Ahbee Festival, and this year we had hot weather and clear skies for both days.

A huge thank you goes out to our participants, the Manito Ahbee Festival for hosting us, to our referees, staff, and to our volunteers! We can't wait and are already planning for next year's event.

Below are the champions from each category! Not featured are the 31+ champions, Team Skilled.





TOURNAMENT OF CHAMPIONS

TRUE NORTH SQUARE WINNIPEG

EX3 LITE QUEST EVENT
SANCTIONED TOURNAMENT

CHAMPIONS ARE AWARDED A
FREE TRIP TO COLORADO
TO COMPETE FOR THE GRAND PRIZE OF

\$20,000.00 USD

OPEN TO MEN 18+
\$400.00 CAD ENTRY FEE
MAX 4 PLAYERS PER TEAM

CONTACT: CARRIERA LAMOUREUX
1-204-925-5737
CARRIERA.LAMOUREUX@MASKL.COM



Team Manitoba NAIG Updates

ATTENTION TEAM MANITOBA:

WE ARE LESS THAN 50 DAYS AWAY FROM THE 2023 NORTH AMERICAN INDIGENOUS GAMES!

Our mission staff and leadership are working diligently to prepare for the 2023 North American Indigenous Games. On the administrative side, we are finalizing uniforms, travel arrangements, and ensuring everything is ready for July 2023! Below are important updates regarding the 2023 Games.

Athlete Fundraising

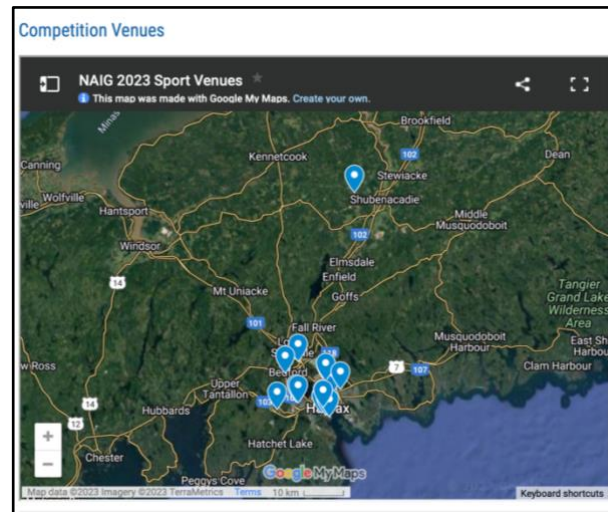
Manitoba NAIG teams have been fundraising to participate in extracurricular activities while attending the North American Indigenous Games! If you would like to contribute to a particular team or sport, or support their fundraising efforts, please contact Gabrielle at info@masrc.com. She will connect you with the team/sport's respective sport manager!

Team Manitoba Support Gear

We have extra Team Manitoba support gear from previous NAIGs for purchase at our head office! Support gear specific to the 2023 Games will also be available for purchase, and more details will be released closer to the athlete's departure in July. If you have any questions, please contact info@masrc.com.

Competition Venues

Did you know we have an online map of our competition venues? Competitions are taking place across the Halifax and Dalhousie area. To view this map, please visit www.masrc.com/naig_2023.



Meet 2022 “2002 NAIG Legacy Scholarship” Recipient, Soccer Coach Jessica Chow

Balancing university studies, student life, living away from home, and playing university sports can be tough. Thankfully, supports are available for Indigenous student-athletes and coaches that need it!

Jessica Chow is a 19-year-old Red River Metis student studying at the University of Regina. This summer, she will join our soccer teams as an Aboriginal Apprentice Coach at the 2023 North American Indigenous Games. Last year, Jessica was a recipient of our 2002 NAIG Legacy Coach Scholarship.



"My name is Jess Chow. I'm 19 years old from Winnipeg, MB. I'm a Métis student-athlete currently playing for the University of Regina Cougars Women's Soccer Team. When I'm in Winnipeg, I coach with the Bonivital Soccer Club. I was also selected to be the Apprentice Coach for the U16 NAIG Girls Soccer Team traveling to Halifax in July."

Jess hopes to return to Manitoba in the future to teach, saying that "last year I was extremely fortunate to receive the 2002 NAIG Legacy Coach Scholarship through the MASRC. They've given me so much support throughout my 2 years of post-secondary education. My goal is to receive my Undergrad Education Degree so I can teach in Manitoba after I graduate. The MASRC has allowed me to pursue my varsity athletic career, coach the next generation of student-athletes, and continue my education."

Applications for this year have closed; however, we have more opportunities linked on our website. Visit www.masrc.com/links for more information.



Are you an athlete, coach, or parent attending the 2023 North American Indigenous Games? Do you have an exceptional story to tell, overcoming hardship, or excelling in your sport?

We want to share your story!

We want to connect with exceptional athletes, coaches, and volunteers throughout our province, and make sure that their story is known!

If you have an exceptional story to share, and want it shared across multiple platforms, please reach out to:

Gabrielle Wishart
Communications Coordinator
1-204-925-5737
gabrielle.wishart@masrc.com



April Indigenous Athlete of the Month

Our March **MASRC Indigenous Athlete of the Month** is **Logan Barnabe!**

Jade is a Red River Métis student-athlete attending school in Ste. Agathe.

In April, he led his club volleyball team to their second consecutive provincial championship at the Volleyball Manitoba 15U Provincial Championships.

His coach, Taylor, describes "Logan as just one of those athletes that every coach and teammate loves to have. I honestly struggle finding words to correctly describe him without missing an important characteristic that he carries. He's a take his shirt off his back kind of guy. He's competitive and humble all at the same time. On and off the court he strives to be the best athlete, friend, and teammate he can be. He was a no brainer choice when it came to picking our captain at the start of the season."

"Logan is one of our starting left sides and has helped bring the team to 5 finals in this current club season (in which we won 3/5). The most recent win being Provincials where we went into the tournament in ranked first and came out ranked first."

"Logan was awarded Tournament Most Valuable Player at Provincials. At Nationals, he led his team to a 5th place finish out of over 80 teams. Now, he turns his attention to preparing for the 2023 North American Indigenous Games, where he will be representing Manitoba as a member of the 16U male volleyball team."

- Taylor Basaraba, Coach

Congratulations Logan, and good luck at the 2023 North American Indigenous Games! If you would like to nominate an Indigenous Athlete of the Month, please visit www.masrc.com/monthly-awards.





Message from MASRC Leadership



MESSAGE FROM OUR EXECUTIVE DIRECTOR, MEL WHITESELL

The Manitoba Aboriginal Sports & Recreation Council would like to extend our wishes of congratulations to our male and female teams that competed at the 2023 National Aboriginal Hockey Championships.

Our athletes worked very hard to compete at the Championships, and we are very proud of each and every one of our athletes that competed. We could not have asked for a better tournament. Our male team won their Championships, going undefeated for the duration of the week, and our female team placed second overall, losing a close final 2-1 to Ontario. Now, our staff will be turning their attention to preparing for the 2023 North American Indigenous Games! Go Manitoba!

Thank you to our Sponsors & Partners!



Have a story you want to share? Is your community hosting an upcoming event? Do you have questions about our newsletter?

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LESS THAN
50
DAYS
UNTIL THE 2023
NORTH AMERICAN
INDIGENOUS GAMES



2023 JEUX
AUTOCHTONES
de l'Amérique du Nord
HALIFAX • NOUVELLE-ÉCOSSE



North American
INDIGENOUS
GAMES 2023
HALIFAX • NOVA SCOTIA