

**NAIG** UPDATES

# MARCH-APRIL 2023 NEWSLETTER





UPCOMING PROGRAMS



# **Good luck to our NAHC athletes!**

The Manitoba Aboriginal Sports & Recreation Council would like to wish the Team Manitoba athletes competing at the 2023 National Aboriginal Hockey Championships good luck!

MANITOBA		2023 TEAM OFFICIAL ROSTER					N	IAL	
lersey #	Last Name	First Name	Birth Year	Home Community	Pos	Hand (L/R)	нт	WT	2022/23 Hockey Club
2	Collins	Ayden	2007	Island Lake	D	100	6'0	150	U16 Rink Hockey Academy
4	Sutherland	Gage	2007	Winnipeg	D	L	5'8	140	U18 AM Winnipeg Wild
5	Wagner	Luke	2006	Winnipeg	D	R	6'0	190	U18 AM Winnipeg Bruins
7	Clarke	Hubert	2007	Norway House Cree Nation	D	L	5'9	190	U17 AAA Winnipeg Thrashers
8 11	Robertson	Cole	2005	Winnipeg	F	L R	6'2 6'3	200	U18 AM Winnipeg Wild
	Paupanekis	Hayden	2007	Norway House Cree Nation	D	R	6'3	175	U18 Rink Hockey Academy
12 13	McCorrister Campbell	Tavon Carter	2006 2005	Winnipeg LaSalle	F	R	6'3	190 210	U18 Rink Hockey Academy
14	Lajoie	Jett	2005	St Boniface (Winnipeg)	F	R	6'0	160	U18 AM Pembina Valley Hawks U18 AAA Winnipeg Bruins
14	Buors	lan	2007	St. Laurent	F	L	5'8	145	U18 AAA Winnipeg Bruins U18 AAA Interlake Lightning
16	Zalischuk	Carter	2005	Dauphin	F	Ľ	5'9	156	Dauphin Kings MJHL
17	Sinclair	Derian	2005	Peguis First Nation	D	L	5'8	150	U18 AAA Interlake Lightning
19	Andries	Dawson	2005	Killarney	F	R	6'1	190	U18 AAA Southwest Cougars
20	Edwards	Marlen	2005	Lake Manitoba First Nation	F	L	5'10	190	U18 AAA Winnipeg Wild
21	Clarkson	Cash	2006	Winnipegosis	F	Ľ	6'1	172	U18 AAA Parkland Rangers
23	Roulette	Ben	2005	Sandy Bay Ojibway First Nation	F	R	6'0	175	Waywayseecappo MJHL
24	Allard	Peyton	2006	Winnipeg	F	R	6'0	155	U18 AAA Winnipeg Bruins
25	Hamelin	Maxx	2007	Winnipeg	F	R	5'9	155	U18 AAA Winnipeg Bruins
31	Bercier	Mariko	2006	Opaskwayak Cree Nation	G	L	5'11	150	U18 AAA Notre Dame Hounds
35	Glover	Chase	2007	McCreary	G	Ľ	5'10	150	U18 AAA Parkland Rangers
ALT	Kindrat	Austin	2007	Winnipeg	G	L	6'0	160	U18 AAA Winnipeg Thrashers
ALT	Anderson	Regan	2006	Souris	F	Ē.	6'1	150	U18 AAA Southwest Cougars
ALT	Cote	Eric	2006	La Broquerie	D	Ē.	6'1	165	U17 AAA Eastman Selects
ALT	Thomas	Michael	2007	Winnipeg	F	Ē.	5'11	173	U17 AAA Winnipeg Bruins
	ACHING TEAM								, ,
	Last Name	First Name		Home Community	Posit	tion			
1	Ferland			Brandon		Head Coach			
2	Yaremko	Hayden		The Pas		Assistant Coach			
3	Chartrand	Daniel		Dauphin	Assistant Coach				
4	Favel			Peguis First Nation	Trainer				
					Manager				
5	Monkman	Kevin		Vogar, MB					
125	Monkman	Kevin		Vogar, MB					
₅ ANIT	Monkman	Kevin	3 TEAM			ager	F	EM/	ALE
MANIT Jersey #	Monkman TOBA Last Name	Kevin 202 First Name	Birth Year	Vogar, MB OFFICIAL ROSTER Home Community	Man Pos	ager Hand (L/R)	нт	EM/ wt	2022/23 Hockey Club
AANIT Jersey # 2	Monkman TOBA Last Name Thompson	Kevin 202 First Name Sofie	Birth Year 2006	Vogar, MB OFFICIAL ROSTER Home Community Thompson	Man Pos D	Hand (L/R) R	<b>нт</b> 5'5	<b>WT</b> 140	2022/23 Hockey Club Pilot Mound Hockey Academy
MANIT Jersey # 2 3	Monkman TOBA Last Name Thompson Parisian-Freis	Kevin 202 First Name Sofie Phoenix	Birth Year 2006 2005	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg	Mana Pos D F	Hand (L/R) R L	HT 5'5 5'7	wт	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals
ANIT Jersey # 2 3 4	Monkman TOBA Last Name Thompson Parisian-Freis Wozney	Kevin 202 First Name Sofie Phoenix Selene	Birth Year 2006 2005 2007	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg	Man Pos D F F	Hand (L/R) R L L	HT 5'5 5'7 5'8	<b>WT</b> 140 135	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice
MANIT Jersey # 2 3 4 5	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank	Kevin 202 First Name Sofie Phoenix Selene Breig	<b>Birth Year</b> 2006 2005 2007 2006	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon	Man Pos D F F F	Hand (L/R) R L L R	HT 5'5 5'7 5'8 5'6	<b>WT</b> 140 135 145	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy
<b>ANIT</b> Jersey # 2 3 4 5 6	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson	Kevin 202 First Name Sofie Phoenix Selene Breig Jessica	Birth Year 2006 2005 2007 2006 2007	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Brandon Roland	Man Pos F F F F	ager Hand (L/R) R L L R L	HT 5'5 5'7 5'8 5'6 5'7	<b>WT</b> 140 135 145 125	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks
<b>Jersey #</b> 2 3 4 5 6 7	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella	Birth Year 2006 2005 2007 2006 2007 2005	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Brandon Roland East St Paul	Man Pos F F F F D	ager Hand (L/R) R L L R L L	HT 5'5 5'7 5'8 5'6 5'7 5'4	<b>WT</b> 140 135 145 125 130	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers
Jersey # 2 3 4 5 6 7 8	Monkman DBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray	Kevin 202 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby	Birth Year 2006 2005 2007 2006 2007 2005 2005 2007	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Eikhorn	Man Pos F F F D F	Hand (L/R) R L L L L L L L	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3	<b>WT</b> 140 135 145 125 130 135	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers U18 AAA Yellowhead Chiefs
<b>Jersey #</b> 2 3 4 5 6 7 8 9	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya	Birth Year 2006 2005 2007 2006 2007 2005 2007 2005	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Elkhorn Springfield	Man Pos F F F D F F	Hand (L/R) R L L R L L L R	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4	<b>WT</b> 140 135 145 125 130 135 150	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers U18 AAA Yellowhead Chiefs Balmoral Hall Blazers
<b>Jersey #</b> 2 3 4 5 6 7 8 9 10	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea	Birth Year 2006 2005 2007 2006 2007 2005 2007 2005 2007	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Elkhorn Springfield Springfield	Man Pos F F F F F D F F D	Hand (L/R) R L L R L L L L L L L	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'3	<b>WT</b> 140 135 145 125 130 135 150 160	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers U18 AAA Yellowhead Chiefs Balmoral Hall Blazers Balmoral Hall Blazers
<b>Jersey #</b> 2 3 4 5 6 7 8 9 10 11	Monkman DBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner Anderson	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia	Birth Year 2006 2007 2006 2007 2005 2007 2005 2007 2005 2007 2005	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Brandon Roland East St Paul Eikhorn Springfield Springfield Glenboro	Man Pos F F F F D F F F F	Hand (L/R) R L L R L L L L R L R L R	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'8 5'5	WT 140 135 145 125 130 135 150 160 130	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers Balmoral Hall Blazers Balmoral Hall Blazers U18 AAA Westman Wildcats
<b>Jersey #</b> 2 3 4 5 6 7 8 9 10 11 12	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner Anderson Price	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna	Birth Year 2006 2007 2006 2007 2005 2007 2005 2007 2005 2007 2005 2007	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Elkhorn Springfield Springfield Springfield Glenboro Winnipeg	Man Pos F F F F D F F F F	Hand (L/R) R L L R L L R L R L R L R L	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'8 5'5 5'5	WT 140 135 145 125 130 135 150 160 130 130	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Penbina Valley Hawks Balmoral Hall Blazers U18 AAA Vellowhead Chiefs Balmoral Hall Blazers U18 AAA Westman Wildcats U18 AAA Winnipeg Avros
<b>ANIT</b> <b>Jersey #</b> 2 3 4 5 6 7 8 9 10 11 12 13	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner Misner Anderson Price Dyck	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna Addison	Birth Year 2006 2007 2006 2007 2005 2007 2005 2007 2005 2006 2006	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Elkhorn Springfield Springfield Glenboro Winnipeg Winnipeg	Man Pos F F F F F F F F F F	Hand (L/R) R L L R L L R L R L R L L	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'3 5'4 5'8 5'5 5'5	WT 140 135 145 125 130 135 150 160 130 130 150	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers U18 AAA Yellowhead Chiefs Balmoral Hall Blazers Balmoral Hall Blazers U18 AAA Westman Wildcats U18 AAA Westman Wildcats U18 AAA Westman Wildcats The Rink Hockey Academy
<b>ANIT</b> <b>Jersey #</b> 2 3 4 5 6 7 8 9 10 11 12 13 14	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner Anderson Price Dyck Constant-Kuba	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna Addison Ravis	Birth Year 2006 2005 2007 2006 2007 2005 2007 2005 2007 2005 2007 2006 2006 2006	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Brandon Roland East St Paul Elkhorn Springfield Springfield Springfield Glenboro Winnipeg Winnipeg Opaskwayak Cree Nation	Man Pos F F F F F F F F F F F F F F F	ager Hand (L/R) R L L L L R L L L L L L L	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'8 5'5 5'5 5'5 5'8 5'6	WT 140 135 145 125 130 135 150 160 130 130 150 155	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers U18 AAA Yellowhead Chiefs Balmoral Hall Blazers U18 AAA Westman Wildcats U18 AAA Westman Wildcats
Jersey # 2 3 4 5 6 7 8 9 10 11 12 13 14 15	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner Misner Anderson Price Dyck Constant-Kuba Kapusta	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna Addison Ravis Braya	Birth Year 2006 2007 2006 2007 2005 2007 2005 2007 2005 2006 2006 2006 2006 2005	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Eikhorn Springfield Springfield Springfield Glenboro Winnipeg Winnipeg Opaskwayak Cree Nation Winnipeg	Man Pos F F F F F F D F F F F F F F	ager Hand (L/R) R L L R L L R L L R L R L R L R	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'3 5'5 5'5 5'5 5'8 5'6 5'3	WT 140 135 145 125 130 135 150 160 130 130 150 155 120	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Central Plains Capitals U18 AAA Vennipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers Balmoral Hall Blazers Balmoral Hall Blazers U18 AAA Wentman Wildcats U18 AAA Wentman Wildcats U18 AAA Wentman Wildcats U18 AAA Winnipeg Avros The Rink Hockey Academy Balmoral Hall Blazers
Jersey # 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner Misner Anderson Price Dyck Constant-Kuba Kapusta Anderson	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna Addison Ravis Braya Caitlin	Birth Year 2006 2005 2007 2006 2007 2005 2007 2005 2007 2005 2006 2006 2006 2008 2008	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Elkhorn Springfield Springfield Glenboro Winnipeg Opaskwayak Cree Nation Winnipeg Roland	Man Pos F F F F F F F F F F F F F F	ager Hand (L/R) R L L R L L R L L R L L R L L R L L R L L	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'8 5'5 5'5 5'8 5'6 5'3 5'9	WT 140 135 145 125 130 135 150 160 130 130 150 155 120 148	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pellowhead Chiefs Balmoral Hall Blazers U18 AAA Vellowhead Chiefs Balmoral Hall Blazers U18 AAA Westman Wildcats U18 AAA Winnipeg Avros The Rink Hockey Academy The Rink Hockey Academy Balmoral Hall Blazers U18 AAA Pembina Valley Hawks
AANI Jersey # 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner Misner Misner Misner Price Dyck Constant-Kuba Kapusta Anderson Herman	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna Addison Ravis Braya Caitlin Julianna	Birth Year 2006 2007 2006 2007 2005 2007 2005 2007 2005 2006 2006 2006 2006 2005 2005	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Elkhorn Springfield Springfield Glenboro Winnipeg Opaskwayak Cree Nation Winnipeg Roland The Pas	Man Pos F F F D F F F F F F F D F F F D	Hand (L/R) R L L R L L R L L R L L R L L L L L	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'3 5'4 5'5 5'5 5'5 5'8 5'6 5'3 5'9 5'8	WT 140 135 125 130 135 150 160 130 130 150 155 120 148 145	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers U18 AAA Yellowhead Chiefs Balmoral Hall Blazers U18 AAA Yellowhead Chiefs Balmoral Hall Blazers U18 AAA Winnipeg Avros The Rink Hockey Academy The Rink Hockey Academy Balmoral Hall Blazers U18 AAA Pembina Valley Hawks U18 AAA Notre Dame Hounds
AANID Bersey # 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner Misner Anderson Price Dyck Constant-Kuba Kapusta Anderson Herman Yetman	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna Addison Ravis Braya Caitlin Julianna Kurtis	Birth Year 2006 2005 2007 2006 2007 2005 2007 2005 2006 2006 2006 2008 2005 2008 2005 2005 2005 2005	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Eikhorn Springfield Springfield Springfield Glenboro Winnipeg Opaskwayak Cree Nation Winnipeg Roland The Pas	Man Pos F F F D F F D F F D F F D D F D D	ager Hand (L/R) R L L R L L R L L R L L L L L	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'8 5'5 5'8 5'5 5'8 5'5 5'8 5'6 5'3 5'9 5'8 5'7	WT 140 135 125 130 135 150 160 130 130 150 155 120 148 145 140	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Vinnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers U18 AAA Yellowhead Chiefs Balmoral Hall Blazers U18 AAA Westman Wildcats U18 AAA Notre Dame Hounds The Rink Hockey Academy U18 AAA Notre Dame Hounds The Rink Hockey Academy
AANID Jersey # 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Anderson Price Dyck Constant-Kuba Kapusta Anderson Herman Yetman Braun	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna Addison Ravis Braya Caitlin Julianna Kurtis Haley	Birth Year 2006 2007 2007 2005 2007 2005 2007 2005 2006 2006 2006 2006 2008 2008 2005 2008 2005 2005 2006	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Eikhorn Springfield Springfield Springfield Glenboro Winnipeg Opaskwayak Cree Nation Winnipeg Roland The Pas Nisichawayasihk Cree Nation Nisichawayasihk Cree Nation	Man. Pos F F F D F F D F F D F F D F F D F F	ager Hand ((//R) R L L R L L R L L R L L R L L R L L R R	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'3 5'5 5'5 5'5 5'5 5'5 5'5 5'3 5'9 5'8 5'7 5'7	WT 140 135 125 130 135 150 130 130 150 155 120 148 145 140 130	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Central Plains Capitals U18 AAA Central Plains Capitals U18 AAA Pembina Valley Hawks Balmoral Hall Blazers Balmoral Hall Blazers Balmoral Hall Blazers U18 AAA Westman Wildcats U18 AAA Westman Wildcats U18 AAA Westman Wildcats U18 AAA Westman Wildcats U18 AAA Westman Vildcats U18 AAA Westman Vildcats U18 AAA Westman Vildcats U18 AAA Pembina Valley Hawks U18 AAA Pembina Valley Hawks U18 AAA Pombina Valley Hawks U18 AAA Notre Dame Hounds U18 AAA Notre Dame Hounds U18 AAA Winnipeg Ice
AANII Jersey # 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 31	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Anderson Price Dyck Constant-Kuba Kapusta Anderson Herman Yetman Braun Halldorson	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna Addison Ravis Braya Caitlin Julianna Kurtis Haley Rachel	Birth Year 2006 2007 2007 2005 2007 2005 2007 2005 2006 2006 2006 2005 2008 2005 2008 2005 2006 2006 2006	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Brandon Roland East St Paul Eikhorn Springfield Springfield Glenboro Winnipeg Winnipeg Winnipeg Roland The Pas Nisichawayasihk Cree Nation Kisichawayasihk Cree Nation Lundar	Mann Pos F F F F F F F F F C F F G G	ager Hand ((//R) R L L R L L R L L R L L L L L L L L L	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'3 5'5 5'5 5'8 5'5 5'5 5'8 5'5 5'3 5'9 5'8 5'7 5'7 5'7 5'7	WT 140 135 145 125 130 135 150 130 130 150 155 120 148 145 140 130 172	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Central Plains Capitals U18 AAA Winnipeg Ice The Rink Hockey Academy U18 AAA Pembina Valley Hawks Balmoral Hall Blazers U18 AAA Vellowhead Chiefs Balmoral Hall Blazers U18 AAA Westman Wildcats U18 AAA Winnipeg Avros The Rink Hockey Academy The Rink Hockey Academy Balmoral Hall Blazers U18 AAA Pembina Valley Hawks U18 AAA Pembina Valley Hawks U18 AAA Pembina Valley Hawks U18 AAA Pembina Valley Hawks U18 AAA Notre Dame Hounds The Rink Hockey Academy U18 AAA Minnipeg Ice U18 AAA Minnipeg Ice
/ANII lersey # 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 31 35	Monkman COBA Last Name Thompson Parisian-Freis Wozney Rank Anderson Stewner Gray Misner Misner Misner Misner Misner Misner Dyck Constant-Kuba Kapusta Anderson Herman Yetman Braun Halldorson Goertzen	Kevin 2022 First Name Sofie Phoenix Selene Breig Jessica Ella Kirby Anya Linnea Sophia Seanna Addison Ravis Braya Caitlin Julianna Kurtis Haley Rachel Jenna	Birth Year 2006 2007 2007 2005 2007 2005 2007 2005 2006 2006 2006 2006 2005 2008 2005 2006 2005 2006 2006 2006 2006 2006	Vogar, MB OFFICIAL ROSTER Home Community Thompson Winnipeg Winnipeg Brandon Roland East St Paul Elkhorn Springfield Glenboro Winnipeg Opaskwayak Cree Nation Winnipeg Roland The Pas Nisichawayasihk Cree Nation Nisichawayasihk Cree Nation Lundar Winnipeg	Mann Pos F F F F F F F F F F F F G G G	ager Hand ((//R) R L L R L L R L L R L L R L L R L L R R	HT 5'5 5'7 5'8 5'6 5'7 5'4 5'3 5'4 5'4 5'4 5'4 5'4 5'5 5'8 5'6 5'3 5'9 5'7 5'7 5'7	WT 140 135 145 125 130 135 150 130 130 150 155 120 148 145 140 130 172 180	2022/23 Hockey Club Pilot Mound Hockey Academy U18 AAA Central Plains Capitals U18 AAA Central Plains Capitals U18 AAA Pembina Valley Hawks Balmoral Hall Blazers U18 AAA Pellowhead Chiefs Balmoral Hall Blazers U18 AAA Vellowhead Chiefs Balmoral Hall Blazers U18 AAA Westman Wildcats U18 AAA Westman Wildcats U18 AAA Westman Wildcats U18 AAA Notre Dame Hounds The Rink Hockey Academy U18 AAA Winnipeg Ice U18 AAA Winnipeg Avros
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The Championships take place next week, May 8-13, at the Seven Oaks Arena in Winnipeg. *Admission is free* during the course of the Championships, and livestreams will be available.

Visit www.nahc2023.ca for more information.

# **20TH ANNIVERSARY**



# 2023 NATIONAL ABORIGINAL HOCKEY CHAMPIONSHIPS **WINNIPEG** MAY 7 - 13, 2023

CEM

# ALL NATIONS, ALL HEART.

WWW.NAHC2023.CA



# **Major Events**

#### National Aboriginal Hockey Championships

Seven Oaks Arena, Winnipeg May 8-13, 2023

Hoop It Up Manito Ahbee Festival Red River Exhibition Grounds May 20 - 21, 2023

#### Redmen Fastball ISC Qualifier

Portage la Prairie, Manitoba May 26, 2023 - May 28, 2023

> MASRC Scholarships Applications Close June 1, 2023

Tom Longboat Awards Nominations Close June 30, 2023

North American Indigenous Games Kjipuktuk, Halifax, Nova Scotia July 14 – 23, 2023

# **Newsletter Contents**

- Events
- Winnipeg Program Updates
- MASRC Annual Indigenous Awards Winners
- Manitoba Indigenous Hall of Fame Inductions
- Community Updates
- Local News
- March Athlete of the Month
- March Community Champion of the Month

MAY 2023 CALENDAR											
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
1	2 Wabowden Volleyball Camp North End Ball Hockey	3 Wabowden Volleyball Camp North End Ball Hockey	4 Wabowden Volleyball Camp National Indigenous Sport Strategy Winnipeg Session	5	6 North End Basketball	7 North End Basketball NAHC Opening Ceremonies Ste. Rose Fastpitch Clinic					
8 NAHC @ Seven Oaks Arena	9 NAHC @ Seven Oaks Arena North End Ball Hockey	10 NAHC @ Seven Oaks Arena North End Ball Hockey	11 NAHC @ Seven Oaks Arena	12 NAHC @ Seven Oaks Arena	13 NAHC @ Seven Oaks Arena North End Basketball	14 NAHC @ Seven Oaks Arena North End Basketball					
15	16 North End Ball Hockey Red Sucker FN Community Visit	17 North End Ball Hockey Red Sucker FN Community Visit	18 Red Sucker FN Community Visit	19	20 Hoop It Up @ Manito Ahbee North End Basketball	21 Hoop It Up @ Manito Ahbee North End Basketball					
22 Victoria Day – MASRC Offices Closed	23 North End Ball Hockey	24 North End Ball Hockey	25	26 Redmen Fastball Qualifier	27 Redmen Fastball Qualifier North End Basketball	28 Redmen Fastball Qualifier North End Basketball					
29	30 North End Ball Hockey	31 North End Ball Hockey Last Day to submit MASRC Scholarships	To learn more about these events, please visit our events page on our website: www.masrc.com/events.								



# MAY 20 - 21, 2023 Red river exhibiton park WINNIPEG

WWW.MASRC.COM/HOOP-IT-UP

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### **NAHC Alumni School Visits**



NAHC alumni and MASRC staff member Jazmyn Desjarlais has been very busy over the month of April as she has been visiting schools across the province and promoting the National Aboriginal Hockey Championships!

Jazmyn attended the National Aboriginal Hockey Championships in both 2018 and 2019 and won a silver medal with Team Manitoba's ball hockey team last summer. Jazmyn will be continuing to visit communities across the province leading up to the Championships, which will be taking place <u>May 8-13, 2023</u> at the <u>Seven Oaks Arena</u> in <u>Winnipeg</u>. *Admission is free for all!* 

#### NAHC Alumni, NAIG Coach Awarded ACC Female Athlete of the Year

Simone Turner (Little Saskatchewan First Nation) of Carman has been chosen as the Female Athlete of the Year by the Assiniboine Community College Cougars! Simone was a member of our 2015 National Aboriginal Hockey Championships team that won bronze in Mississuga, ON, and will be attending the 2023 North American Indigenous Games as a coach with our 19U female soccer team. She has been involved in sport on many levels- playing both soccer and now hockey at the collegiate level.

This year, Simone leaves behind one of her best seasons yet, leading the ACHA Division 2 conference with 71 total points - 37 goals and 34 assists.



#### **NEW** - North End Ball Hockey

During the course of the spring, MASRC will be running ballhockey sessions at the Duncan Arena Tuesday and Wednesday evenings.

The ball-hockey sessions are totally free, and equipment is provided!

For specific ages & times, please contact Quinton at 204-942-6615 or nestormcoordinator@masrc.com to register.





# North End Hockey Registration Opens in June

North End Hockey (formerly NEHP) helps to provide children and youth living in Winnipeg's North End with an opportunity to play organized hockey. The program is open to all children (Indigenous & Non-Indigenous) between the ages 5 to 15 years who have a financial need and reside in the North End of Winnipeg. Through the program, we provide assistance with equipment loans and registration subsidies.

Last year, we had close to 100 youth from the North End involved in our program. **Registration for North End Hockey will open towards the end of June.** 

For specific dates, and for more information, please contact Quinton by email nestormcoordinator@masrc.com, by phone at 204-942-6615, or visit our website at www.masrc.com/north-end-sports.



# Urban Bike Program Opens June 1<sup>st</sup>, 2023

Are you an Indigenous youth that has moved to Winnipeg for work or school? Do you need access to reliable transportation for work or school?

Our Urban Indigenous Bike Program will begin accepting applications on June 1<sup>st</sup>, 2023! The program provides Indigenous youth with new bikes to use as transportation to work or school. We will be conducting two rounds of applications: First intake in June, second intake in August.

To qualify, you must be:

- Indigenous (Status, Non-Status, Metis, or Inuit)
- Living in Winnipeg
- Between the ages of 16-26
- Working or in school (university, college, or high school) full time

We will be announcing the intake on our social media and through email- make sure to like us on Facebook, and to subscribe to our email newsletter!





# *NEW* - Indigenous Women, Girls, & Two-Spirit Self-Defence Classes



Starting at the end of May 2023, we are introducing self-defence classes for **Indigenous** women, girls, and two-spirit folks!

The **classes will be free of charge** and will take place for **2 hours once a month**. Details for registration will be released in the next week.

For more information, please contact SSD Manager Robyn Cruz at robyn.cruz@masrc.com, or by phone at 204-942-6615.

#### **Community Updates**

#### Barren Lands First Nation Sport for Social Development Community Visit

In Barren Lands First Nation, Robyn and Jazmyn introduced new programming for recreation leaders to begin running in their community. On day one Robyn introduced the new baseball 5 program that Baseball Canada just released. It involves low equipment which makes baseball easier and more accessible. The second day, Jazmyn ran an agility and ball hockey skills session.

The youth of Barren Lands are so respectful and talented, and there was one young girl who wanted to be a part of the session but wasn't interested in the sport. So, to ensure that she felt involved and included, what we did was use her amazing photography skills to capture all the amazing and silly moments.









# MASRC Staff Share Stories and Experiences at SCO Youth Conference, Anti-Racism in Sport Conference

In the last week of April, Southern Chiefs Organization Inc. hosted their annual *SCO Youth Conference* in downtown Winnipeg. MASRC staff members Jazmyn Desjarlais, Kaelei Knutson, and Joshua Gandier were invited by the SCO Youth Council to speak and present on how participating in sport can lead to a career in the future.

Josh and Kaelei were also invited by the Anti-Racism in Sport Council to speak at the 2023 Access and Inclusion

to Sport Conference to discuss Indigenous Access and Inclusion to Sport. They discussed their own experiences as First Nations athletes playing elite sport, and how mainstream sport can better support Indigenous athletes and coaches.



# NAIG 16U Volleyball Athletes Provincial Champions, Named 15U MVP & All-Stars



For these Team Manitoba athletes, another season of hard work has paid off. Three members of the 16U male volleyball team recently won their second consecutive provincial championship with 204 Volleyball Club at the Volleyball Manitoba 15U Provincial Championships this past weekend.

Logan Barnabe, Tristan Cousineau, and Colin Vermette are all Red River Metis athletes, and will be attending the North American Indigenous Games this summer. This past weekend, Tristan was recognized as a provincial all-star, with Logan earning the Most Valuable Player award. Before NAIG, they turn their attention to Nationals, as they prepare to head to Edmonton in two weeks to compete in the Volleyball Canada National Championships.

Congratulations also go out to 19U volleyball head coach

and 204 Volleyball Club assistant coach Ben Szewcyck, and athletes Wizdom Smith (Hollow Water First Nation), Maxime Vermette (Red River Metis), and Leiland Parenteau (Wabigoon Lake First Nation) for their bronze medal at the 17U provincial championships.



### Indigenous Athletes Announce Commitments to Universities & Colleges

This spring, graduating grade 12 athletes are announcing their commitments to play university and college sports next season. Over the past months, 4 athletes announced their commitments to playing volleyball, soccer, and basketball at the post-secondary level.



Ryan Buck-Stevens Frontier Mosakahiken School Mosakahiken Cree Nation Soccer, Assiniboine Community College 2023 NAIG Team Manitoba Athlete, 19U Soccer

Jerome Falcon Sanderson Frontier Mosakahiken School Mosakahiken Cree Nation Soccer, Assiniboine Community College 2023 NAIG Team Manitoba Athlete, 19U Soccer MEN'S SOCCER RECRUIT





André Turenne École Saint-Joachim *Red River Métis, Saint-Joachim Volleyball, Cégep Limoilou (Quebec)* 2023 NAIG Team Manitoba Athlete, 19U Volleyball

Jayna Maytwayashing Maples Collegiate Lake Manitoba First Nation (Winnipeg) Basketball, Brandon University 2023 NAIG Team Manitoba Athlete, 19U Basketball





# March Indigenous Athlete of the Month

# Our March *MASRC Indigenous Athlete of the Month* is Jade Pelland!

Jade is a Red River Métis studentathlete attending St. Mary's Academy in Winnipeg.







"Jade participates in hockey, basketball, soccer, and athletics. Recently Jade competed at the Boeing Indoor Track and Field meet and one a Gold Medal in the Shotput. She also along with her teammates won the Pembina Trails School Divisional Grade 9 Basketball Championship and this past weekend along with her teammates won the City AA U 15 Female Hockey Championships. She maintains a 91% average at St. Mary's Academy while competing in all these sports.

She will also be representing Manitoba at the 2023 North American Indigenous Games this summer in Athletics for Shotput, Discuss, and Javelin. She is also the AP Player for St. Mary's Prep U18 Hockey team and the AP Player for the Indigenous Team Manitoba U 18 Hockey Team.

She loves doing art in her free time and enjoys camping and fishing. She is also interested in astrophysics and would like to be doctor of pediatric medicine."

-Eugene Pelland, parent

Congratulations on your hard work, and good luck at the 2023 North American Indigenous Games Jade! If you would like to nominate an Indigenous Athlete of the Month, please visit www.masrc.com/monthly-awards.



# March Indigenous Community Champion of the Month

#### Our March MASRC Indigenous Community Champion of the Month is Kim Avanthay!

Kim is Red River Metis from Lac du Bonnet.

Currently, Kim is an important and critical member of the NAIG Basketball teams. She facilitates practices, works to obtain necessary information for over sixty athletes, and continues to prove her invaluably by completing the task quickly.

As a sport manager, Kim is:

- very organized
- very persistent, constantly helpful, and hardworking
- communicates with her community and peers well
- a great leader

- works to create opportunities within her community and for her kids

Kim has always been a part of sport for the entirety of her life. Kim has played and managed many teams of her favourite sports slow-pitch and hockey. She works to create opportunities for her kids and her community around her.





Kim's recent accomplishments include:

- Competing at the Women's Slo-Pitch Nationals
- Organized a women's slow-pitch team
- Competed in women's sponge hockey
- Competed and organized a mixed slo-pitch tournament
- Manager for the Lac du Bonnet Minor Hockey
- Manager Knights Bantam AA Hockey
- Manager Spring Hockey League
- Created the Lac du Bonnet Blues Senior Hockey Clubs Hall of Fame award with 2018 being the inaugural inductees
- Sport Manager Basketball NAIG 2023
- Participated in consultation on a National Strategy on Indigenous Sport, Physical Activity, Recreation and Traditional Practices.
- Executive member of MMF Lac du Bonnet Local.

Thank you for your dedication to sport and recreation Kim! If you would like to nominate an Indigenous Community Champion of the Month, please visit **www.masrc.com/monthly-awards.** 

# An Evening Celebrating Indigenous Excellence

### MASRC Hosts a Successful Evening Honouring our Major Indigenous Sports Awards Winners and Hall of Fame Inductees

On Wednesday, April 12<sup>th</sup>, 2023, the Manitoba Aboriginal Sports & Recreation Council invited our Major Indigenous Sports Awards recipients, our Hall of Fame inductees, and their closest friends and family for an evening of celebration at the illustrious Gateway to the Arctic located at the Assiniboine Park & Zoo. There, we shared stories of triumph and hardships as Indigenous athletes, coaches, volunteers, and families involved in sport.





We'd like to thank

everyone who attended for sharing your stories and your time with us. Thank you to the Assiniboine Park & Zoo for being such wonderful hosts, and for the delicious meal. And lastly, thank you to the MASRC staff that made this night such a success!

For more information about the awards, please visit **www.masrc.com/awards.** 



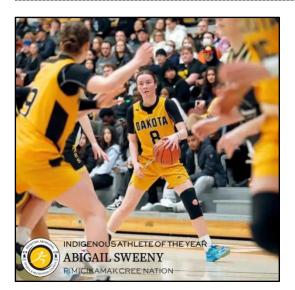


# MASRC Announces their Major Annual Award Winners

The Manitoba Aboriginal Sports & Recreation Council (MASRC) is excited to announce this year's Major Award Winners. Every year, the MASRC opens nominations for the following awards: Indigenous Athlete of the Year, Indigenous Coach of the Year, and Indigenous Volunteer of the Year.

This year, the MASRC was pleased to receive so many excellent applications, detailing the success, involvement, and effort of so many Indigenous Peoples throughout the province. In response, the MASRC is proud to name the following recipients of this year's Major Awards:

Please join us in recognizing the following recipients:



#### Indigenous Athletes of the Year



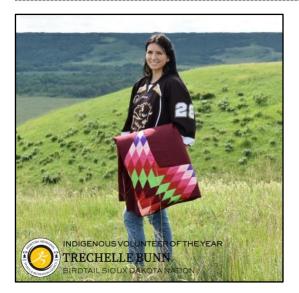
### **Indigenous Coaches of the Year**







#### **Indigenous Volunteers of the Year**





# Tom Longboat Award Nominations Now Open

The Tom Longboat Awards were established in 1951 to recognize Aboriginal athletes for their outstanding contributions to sport in Canada. With a few exceptions, the Awards have been given out every year since its inauguration. It remains the longest standing and one of the most prestigious awards for the Aboriginal athletes in the country. As a program of the Aboriginal Sport Circle, the Tom Longboat Awards provide a forum for acknowledging the growth and strength of the Aboriginal sport movement in Canada and its tremendous impact on the sport development from community level participation to elite level competition. The Awards include a male and female category.

All nomination packages will be forwarded directly to the Aboriginal Sport Circle, where a National Selection Working Group will determine the national recipients for the male and female category. The two national recipients will be presented their Awards at the Canada's Sports Hall of Fame Induction Ceremony.

#### Awards

The two national recipients will receive the following:

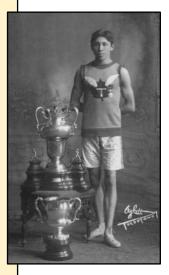
- All expenses paid round trip with a family member to accept the national award.
- A custom-made Tom Longboat Award.
- A \$1500 bursary to support personal athlete development.

#### Eligibility

The Awards honour the accomplishments of an athlete within a given program year (September 1st to August 31st). Applicants must meet the following criteria to be eligible as nominees:

- Applicants must be of Aboriginal descent (inclusive of First Nations, Inuit, and Metis).
- Applicants must be active within the year of nomination.
- Applicants must demonstrate sportsmanship, fair play, and ethics in sport.

Deadline for nominations: **June 30, 2023 at 11:59 pm E.S.T.** Contact carriera.lamoureux@masrc.com for more information.

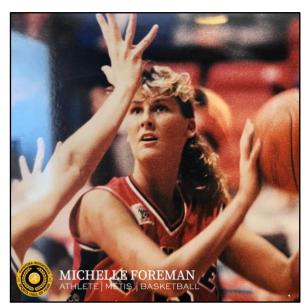




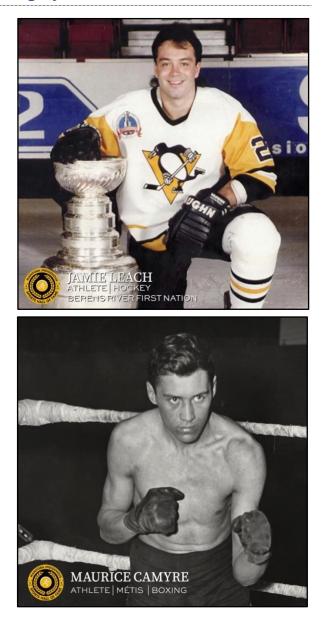
# MASRC Announces the 2023 Inductees for the Manitoba Indigenous Sports Hall of Fame

The Manitoba Aboriginal Sports & Recreation Council (MASRC) is honoured to announce this year's inductees for the *Manitoba Indigenous Sports Hall of Fame*. The Class of 2023 serves as another example of the countless ways in which Indigenous athletes, coaches, and builders have contributed to the world of sport here in Manitoba.

Please join us in recognizing the following inductees:



### **Athlete Category**







# **Builder Category**



# **Official Category**



For more information about the Manitoba Indigenous Sports Hall of Fame, please visit https://www.masrchof.ca.



# Message from MASRC Leadership



# MESSAGE FROM OUR EXECUTIVE DIRECTOR, MEL WHITESELL

The Manitoba Aboriginal Sports & Recreation Council would like to extend our wishes of congratulations to schools across the province as they begin preparing for outdoor sports. We are loving the warm weather and hope it continues!

Our Team Manitoba athletes have also been preparing for both the 2023 National Aboriginal Hockey Championships, and the 2023 North American Indigenous Games. Every team has such a high level of talent, and we are very excited to see our athletes compete. Thank you to the parents, coaches, and countless other volunteers that have dedicated their time and resources to Team Manitoba's journey.

# Thank you to our Sponsors & Partners!



Have a story you want to share? Is your community hosting an upcoming event? Do you have questions about our newsletter?

Contact: Gabrielle Wishart Communications Coordinator P: 204-925-5737 F: 204-925-5716 E: info@masrc.com

# Incligenous in Motion

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The National Strategy on Indigenous Sport, Recreation, Physical Activity and Traditional Cultural Practices

The National Strategy will be Indigenous-led and Canadian-focused, and will establish the vision and goals for Indigenous sport and help to:

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Provide direction and guide implementation of systemic changes in Canada's Indigenous and non-Indigenous sport, recreation, physical activity, cultural, infrastructure and health and wellness sectors

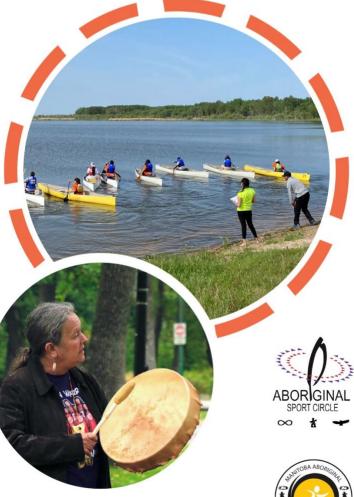
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Create the associated supports and funded infrastructure

Act as a framework to connect Interested Parties and enable collective action

We are hosting in-person community sharing sessions across Manitoba. If you would like to participate, please email strategyconsultant@masrc.com.

If you would like to participate virtually, please visit www.indigenousinmotion.ca.









# **LESS THAN 90** DAYS UNTIL THE 2023 NORTH AMERICAN









North American **GAMES** 2023