



# 2020 NAIG Athletics Final Roster

## 19U Male

NAME	HOME COMMUNITY	BAND/METIS REGION
Aidan Avanthay	Lac Du Bonnet	Metis – Southeast Region
Sacha Regnier	Winnipeg	Metis – Winnipeg Region
Jonah Flett	Split Lake	Tataskweyak Cree Nation
Trey Friesen	Kleefeld	The Key First Nation (SK)
Sheldin Howard	Thompson	Thompson Region
Rueben Houle	Ochre River	Ebb and Flow First Nation
Hunter Rambow	The Pas	Metis – The Pas Region
Ryan Ross	God's Lake Narrows	God's Lake Narrows First Nation

COACH	HOME COMMUNITY	BAND/METIS REGION
Dimitri Gray	Winnipeg	
Courtney Allary	Winnipeg	Metis – Winnipeg Region
Justin Charrier	Gimili	
Jill Seymour	Winnipeg	