



MIG 2021: Strong Person Carry Scorecard

HOW TO USE SCORECARD:

1. Fill out the “**Participant information**” form with the participant before the start of the competition.
2. After the participants turn, record the time they took for the 50m dash
3. If participants are tied for time, let them have another turn and record that in the tie-break time column
4. Submit results by May 19th, 2021

Name	Time Achieved (in seconds)	Tie Break Time (in seconds)

